STRETTON SUGWAS NEWS

MARCH, 2022

MARCH SERVICES - BURGHILL BENEFICE

STRETTON SUGWAS SERVICES

ALL ARE AT 9.30AM UNLESS STATED OTHERWISE

6TH	1ST SUNDAY OF LENT	10am	All age worship
13TH	**2ND SUNDAY OF LENT**	**10am**	**Joint Benefice Eucharist**
20TH	3RD SUNDAY OF LENT	9.30am	Parish Eucharist
27TH	MOTHERING SUNDAY	9.30am	Morning Prayer

REST OF THE BURGHILL BENEFICE

2ND	**ASH WEDNESDAY**	
10.30am	St. Andrew's, Moreton on Lugg	Eucharist Service
7pm	St. Mary the Virgin, Burghill	Eucharist Service
6TH	**1ST SUNDAY OF LENT**	
8.30am	St. Peter's, Pipe cum Lyde	BCP Communion
9.30am	St. Andrew's, Moreton on Lugg	All Age Worship
11am	St. Mary the Virgin, Burghill	All Age Worship
20TH	**3RD SUNDAY BEFORE LENT**	
8.30am	St. Peter's, Pipe cum Lyde	BCP Holy Communion
9.30am	St. Andrew's, Moreton on Lugg	Parish Eucharist
11am	St. Mary the Virgin, Burghill	Parish Eucharist
25TH	**THE FEAST OF THE ANNUNCIATION**	
5pm	St. Mary the Virgin, Burghill Celebrant: *Canon Dr. John Thewlis* Preacher: *Reverend Dr. Phill Brown*	High Mass (Choral Eucharist) *with* The Hereford Church Singers
27TH	**MOTHERING SUNDAY**	
8.30am	St. Peter's, Pipe cum Lyde	BCP Holy Communion
9.30am	St. Andrew's, Moreton on Lugg	Parish Eucharist
11am	St. Mary the Virgin, Burghill	Parish Eucharist

Services will continue to be broadcast online

Letter from the Rector of Burghill Benefice

Dear All,

WISDOM FOR LIFE

The ancient Delphic maxim states: "know thyself". It is an ancient proverb that conveys an eternal truth of the human endeavour. Life is a set of moments woven together that leads us forward into a journey of self-discovery. I always fear for younger folk, because when I look at them, I see the challenges I faced at their age which were hard and formative. The wisdom of life is hard won and the hardest thing I found was getting to grips not with others but myself. When you're young, you think you know everything and when that illusion is shattered it is hard to pick up the pieces and try and fit yourself back together again. Being young is hard because you are getting to "know thyself" and it is hard going! Getting to know yourself is one of the scariest things in life I think, because you find out that a great deal of the bravado and bulls**t you tell yourself gets tested and is found wanting. At some point you have to face things and as hard as that is, piece by piece you get to strip off another layer and get to see yourself as you are. It takes time and is often uncomfortable, but in the end, you end up with a truer you, a more honest you and a more authentic life.

I do think that after all these years you end up with two choices. Do you want an easy life or a happy life? You can't have both. If you want an easy life, be whoever other people want you to be and sacrifice the you inside. If on the other hand you want a happy life, be the authentic you and you will have peace inside, but maybe not outside of you. When I look at the life of Jesus, I see one who lived a fully authentic life who knew fully who he was. When he went to Nazareth as an adult he was rejected and chased out of town because he wasn't being who people wanted him to be (Luke 4.16-30). At the end of his life on earth, he stood before a court who asked him: "Are you the Messiah the Son of the Blessed One?" Jesus said, "I am; ...You have heard his blasphemy! What is your decision?" All of them condemned him as deserving death." Others want their version of you and being that would have certainly made Jesus' life easier, but it wouldn't have been a happy one. My advice to you and the young amongst you. Get to know thyself and be happy with what you find. Love the "You" inside and be happy.

Rev Dr Phill Brown

THE EDITED DRAFT MINUTES OF A STRETTON SUGWAS PARISH COUNCIL (SSPC) MEETING HELD IN STRETTON SUGWAS VILLAGE HALL ON THURSDAY, 18TH NOVEMBER, 2021

PRESENT:

Andrew Fellowes (Chair) John Robinson (Vice Chair) Emma Noble (Clerk)
Beryl Andrews Garnet Cresswell Stuart Howard
Gail Hume

APOLOGIES: Bob Matthews (Ward Councillor)

MINUTES:

The minutes from the last meeting held on 21ST October, 2021 were adopted as a true record of that meeting with the added action point that the Clerk will need to write to the local resident regarding voluntary work at the Copse and that the PC would be grateful of Mr. Jone's continued voluntary support with the maintenance.

WARD COUNCILLOR REPORT:

- Yeomans Travel will not be operating a bus service to Credenhill from 1st January - discussions are underway to look at other options.

FINANCE:

- Clerk Salary in line with pay scale and budget - Actioned.
- Note financial position and bank reconciliation - Noted.

OTHER BUSINESS:

- To consider the 22/23 budget. The PC discuss the 21/22 budget at length. It was felt prudent to put in a budget for work to improve the area around the War Memorial and also the Queen's Platinum Jubilee for which a budget of £750 was allocated. All other costs were noted and it was anticipated that they may potentially rise although it is hoped this will be kept to a minimum. There is the possibility of extra Parish Maintenance work to be carried out dependent on BB cutting road verges program. All present agreed the 22/23 budget.
- To consider Precept 22/23 - All of the points raised whilst discussing the budget were NOTED. Also the recent boundary change has meant that there are more properties in the parish and this was also NOTED. Due to the extra expenditure in the 22/23 budget, it was proposed and seconded that the precept be increased to £8,500.
- To comment on Herefordshire Plan Update - NOTED.
- To comment on Wilder Herefordshire - Herefordshire Wildlife Trust - NOTED.

Hereford Centre For Natural Health

THE Centre in Hereford for Complementary Therapies

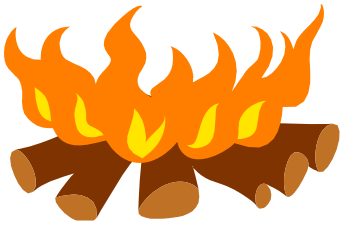
18 different therapies provided by highly trained and experienced staff

The Very Best Help for Your Health
Eastholme Avenue, Belmont, Hereford. HR2 7XT
Tel. 01432 279653 www.herefordcentrefornaturalhealth.com

FIREWOOD FOR SALE

Oak & Ash Firewood

Bulk Bags or Trailer Load Delivered



For more details please contact:

Jason

0777 417 6840 or 01432 358083

Phoenix Printers

Mobile: 07717 331 513

info@phoenix-printers.co.uk

www.phoenix-printers.co.uk

Flyers ~ Posters ~ Banners ~ Booklets ~ Invitations
Letterheads ~ Receipt Pads ~ Business Cards
Compliment Slips ~ Order of Service Sheets

Oven Wizards™

We clean your oven...so you don't have to

Call today to have your oven, hob, extractor or Aga professionally cleaned

Colin Hadley

Tel 01885 400337, Mob 07817 477850

colinhadley@ovenwizards.com

www.ovenwizards.com/hereford-and-worcester-west

APPLE ACCOUNTANTS

The Accountancy & Tax Service for Small Business & Tax Payers

Friendly, Professional Service.

Business Accounts, Tax Returns, VAT, Payroll etc.

Tax planning, advice, etc.

Meetings at a time & place to suit you.

Call David Berkeley, A.C.M.A., A.F.T.A.

On

01432 355575 or Fax 01432 352174

SHARP ELECTRICAL

FOR ALL YOUR ELECTRICAL NEEDS

Lawrence Sharp

Harbourne,
Conifer Walk,
HEREFORD.
HR4 0SW

07528 624 723

☎ 01432 340 597

NICEIC DOMESTIC INSTALLER

Cont on page 7/

.../cont from page 4

CORRESPONDENCE:

Query regarding broken stile - NOTED. GC was thanked for his work regarding the new bench and people have been using it. Invoice will follow shortly.

PLANNING:

- Consultation 213476 - Brockhall Garage, Stretton Sugwas - demolish existing building and erect 7 detached dwellings. Following on from concerns regarding the number of dwellings proposed, it was confirmed that, at present, this is only outline planning.
- Planning re-consultation 212351 - The Rectory - No objections noted. It was also noted that sometimes the yellow planning notices are late to go up and some of the neighbours are not aware of planning applications as they do not have access to the internet. A resolution was, therefore, proposed and seconded that the clerk will write to the neighbouring properties of a planning application to inform them of the application along with the date of the PC meeting, should they wish to come along to discuss any comments, objections or to register their support for the application. All present agreed and the Planning Steering Group will provide the clerk with addresses as appropriate. Action: GC, SH, JR, AF and Clerk.

NEXT AGENDA:

- Riparian bathing water (River Wye) policy
- Platinum Jubilee
- War Memorial
- Notice of Vacancy
- Bank mandate

DATE OF NEXT MEETING: Thursday, 20th January, 2022

QUIZ!

****

Friday, 25th March

7.30pm

Moreton on Lugg Village Hall

Tickets £5 (includes tea/coffee/light refreshments)

Prizes for winners and losers & the most amusing team name

You do not need to be a foursome or even three. We make up the teams if necessary, max 6

Raffle

Please let Hazel know if you are planning to attend

01432 760525

What's the BUZZ

Dear friends,

Wie geht's? Comment ca va? Poppeth yn iawn? Ap kese ho? In an earlier issue of Stretton News, I mentioned some of our global links. I spoke about our partnerschool in Pakistan and of plans to build a relationship with a school in Germany. I'm delighted to share with you the news that Stretton Sugwas Church of England Academy now has partner-schools in Wales, Canada, Pakistan and Germany…with one more to be added soon from Tanzania. The use of Zoom in the primary classroom has meant that the children have been able to speak to classrooms across the world - sharing learning and languages too. Hearing our Year 1 and 2 pupils practising some Welsh phrases with Ysgol Tycroes in Ammanford - as well as our Year 3 pupils exchanging some simple French phrases with the third grade pupils from Riverwood Academy in Newfoundland- has been a wonderful experience and the start of a rejuvenated global outlook at Stretton.

What has been interesting from talking to teachers in Pakistan, Germany and Canada is that lockdowns and home learning seems to be more frequent. One of the first questions that the children overseas ask our pupils is, "Why don't you all wear masks? Is COVID not in the UK?" Certainly this interesting cultural anecdote shows us how fortunate we are to have an element of freedom but it also shows us the stark reality of the pandemic for others.

School is here for anyone in the community who needs us. Just give us a call is we can help.

Referring back to our global links, the intention is also that pupils can discuss issues surrounding climate change and try to make a difference in their own communities. We would love to work with the readers of Stretton Sugwas News to help action any ideas they may have to reduce waste and carbon footprint in our locality.

Allah hafiz.

God bless,

Mr Ben Ford

Head of School, Stretton Sugwas Church of England Academy

MAYBE YOU COULD CALL...

THE B-TEAM

PUTTING OTHERS FIRST

01432 760282

STRETTON SUGWAS C OF E ACADEMY SOCIAL ACTION GROUP

Mills Mobility Aids

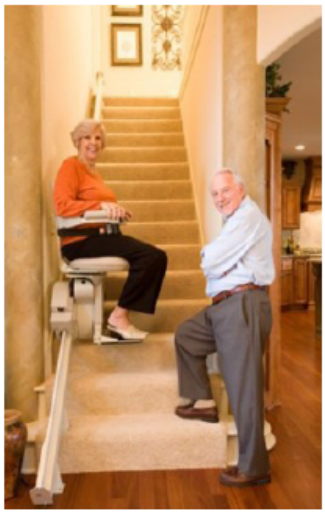
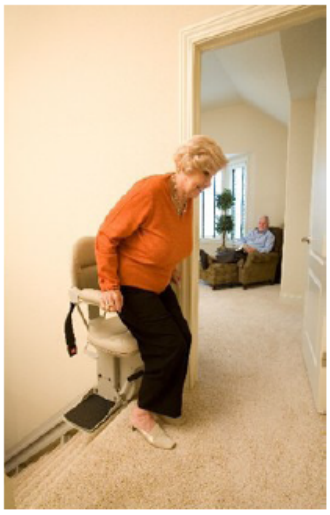
OUR FAMILY ARE HERE FOR ALL YOUR MOBILITY NEEDS

NEW, PRE-OWNED AND RENTAL SCOOTERS
NEW CHAIRS AND RISER SOFAS

PROFESSIONAL · AFFORDABLE · RELIABLE

THE BRUNO ELITE STAIRLIFT

BRUNO

THE ELITE STAIRLIFT BUILT SPECIFICALLY FOR THE HOME

Experience the smooth, quiet ride of the Bruno Elite stair-lift from start to finish, the quality and comfort are second to none.

Add a power footrest or swivel to further customise the stair-lift to fit your needs. Straight or Curve, Indoor or Outdoor, we have it covered.

Open: 9am - 5pm

Contact for more information: 01432 277000
www.millsmobilityaids.co.uk
Unit 8a Harrow Road, Hereford HR4 0EH

Alastair Conway
☎ 01432 359655 / 07740 782211

Al's Garden Care

Professional horticulturist with over 20 years experience

For all your garden maintenance needs including:

- Mowing
- Strimming
- Shrub & small tree pruning
- Specialist fruit tree pruning & training

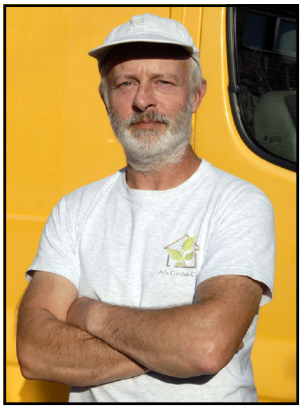
Now also offering a

GUTTER CLEARING SERVICE

No job too small Fully Insured

Please call for a free no-obligation quote - details above

Up to 3-storey properties, no scaffolding or ladders needed



DOMESTIC APPLIANCE REPAIR SERVICE

HOOVER • BEKO • CANDY

WHIRLPOOL • BOSCH • AEG

REPAIRS TO:
WASHING MACHINES
OVENS & HOBS
TUMBLE DRYERS
COOKERS ETC.

D.A.R.S

NEW APPLIANCES SUPPLIED AND FITTED
QUICK, EFFICIENT SERVICE

TEL: HEREFORD 268458
CALL: CHRIS & DAN FARR

• HOTPOINT • ZANUSSI • ELECTROLUX • INDESIT •

CARING IN RETIREMENT

"You are well supported at Kemble: the hours are good and I can fit my working hours around my home life and family. The managers know not to ask me for work on a Wednesday evening as Wednesdays are my night out for a meal with my wife"

10 years as a carer

Martin celebrated his 10th anniversary working as a carer with Kemble at Home in the summer last year. He has built up wonderful relationships with his clients and enjoys supporting them to live independently**. "You meet some really interesting people. I only go to gentlemen and they all have a life story to tell. We often compare notes as we are similar in age. I enjoy meeting people and having a good chinwag."**

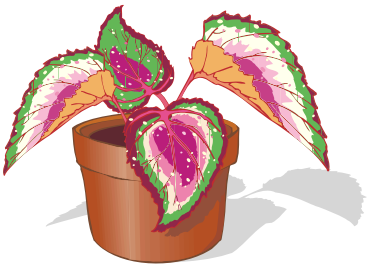
Martin started working as an electrician in Birmingham and began a 37 year career with BT, moving to Herefordshire in 1990 to carry on working with BT. After taking early retirement it became clear to Martin that he wanted to do more, after a chat with his son who was working in social care. He decided to take have a career change and joined Kemble in 2011.

During his time with Kemble Martin has been both a carer and trainer, helping new employees at Kemble to find their feet. Some of the staff Martin has trained are still working for the company now. Martin enjoys spending time with his family, especially his grandchildren. He is heavily involved in Hereford Rugby club.

If you are thinking about making a difference to people living Herefordshire and want a fulfilling role in your retirement, please do get in touch on 01432 352443. We look forward to hearing from you and introducing you to our lovely clients.

****

MORETON ON LUGG - PLANT SALE
Saturday, 14th May
Moreton on Lugg Village Hall!



Joyce & Mike's

TRIPS AND TOURS

HOLIDAYS & DAY TRIPS - 2022

WE ARE NOW TAKING BOOKINGS/PAYMENT FOR:

THURSDAY, 26TH MAY RHS BRIDGEWATER

A day trip to the newest RHS Garden near Manchester. Set within the historic grounds of Worsley New Hall, this spectacular 154 acre garden blends the heritage of an old garden landscape with contemporary designs and world-class horticulture.

£45 per person please purchase by 20th April

****

SUNDAY, 19TH - FRIDAY, 24TH JUNE

NORTHUMBERLAND 6 DAY TOUR

Includes: Lindisfarne (Holy Island) The Angel of the North
Beamish - Living museum of the North Barter Bookshop Alnwick
Newcastle & Gateshead Cragside House & Gardens

5 nights half-board accommodation, all admissions and fares,
executive coach travel, soft drinks and sweeties!

Fare: £485 (single supplement - £80)

Book with £50 deposit asap Few seats left!

****

FRIDAY, 15TH - SUNDAY, 17TH JULY

LIVERPOOL

Includes: Chester RHS Bridgewater
Liverpool with a Mersey Ferry & open top hop on/off bus ticket

Fare: £225 (single supplement £46)

Please book with a £50 deposit by 2nd May

****

For a brochure or more information, please contact:
Joyce & Mike Potts - details on back cover under editor
Cheques payable to M & J Potts please

BURGHILL VILLAGE EVENTS

VIRTUAL EASTER BUNNY RACE

Thursday, 14th April

Bunnies are £2 each

The races will take place and be recorded and then posted on to the Church Website/Facebook page

Prizes for each race:

1st Place - Large Easter Egg

2nd Place - Medium Easter Egg

3rd Place - Small Easter Egg

Please send a note detailing your full name, number of bunnies at £2 each and your email address or phone number (if no email) and a cheque payable to PCC of Burghill, to either:

Max Jenman, Daimor, Burghill, HR4 7RN or

Liz Donovan, Lauristina, Burghill, HR4 7RN

For more information,, contact Liz on 01432 760881

All proceeds will go to Burghill Church funds

AND ALSO …….

MURDER MYSTERY RETURNS TO BURGHILL!

MURDER AT THE COURT

Simpson Hall

Saturday, 30th April, 7pm prompt

Tickets £12 to include a meal. BYO Drinks

Please let me know if you have any special dietary needs.

PRE-BOOKING IS ESSENTIAL (2019 was sold out)

Raffle

For tickets, contact Joe on 01432 760816 or email: jfhelme@gmail.com

All profits will go to the Air Ambulance

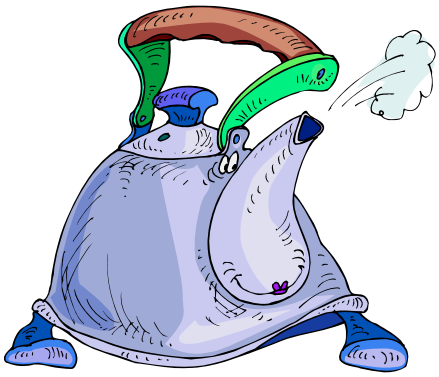
COFFEE MORNING!

2nd Thursday of the month

10th March

10.30 am - 12.30pm

Stretton Sugwas Village Hall



£2 includes Tea/coffee & slice of cake

If you would like a table to sell your wares, please contact Gail Hume - details on back cover - for more information

****

FUN QUIZ!

Saturday, 5th March

Last one of this season!

7.30pm

Stretton Sugwas Village Hall

£5 per person

(includes tea/coffee/light refreshments)

£5 per person

Come as a team (max 6)

Or join others to make up a team when there

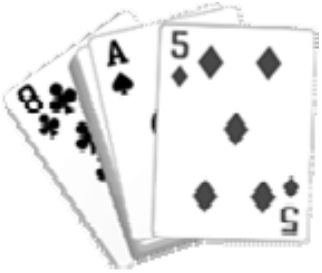
Prize for: Winning and Losing team & best team name

Please let us know if you are planning to attend

Gail Hume - 01432 356392 / The Potts' - 01432 356392

Proceeds split between the Village Hall & the Church

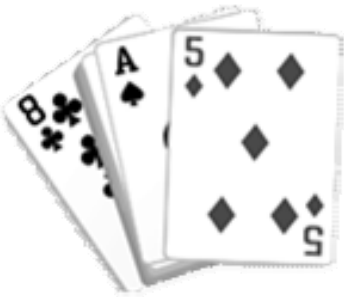
FUN WHIST DRIVE



Last Friday of the month:

25th March

7.30pm



STRETTON SUGWAS VILLAGE HALL

£2.50

Light refreshments available

Proceeds in aid of Stretton Sugwas Church

****

The Cart Shed

Transforming Lives

SPRING PLANT FAIR

WEDNESDAY, 27TH APRIL

10.30am - 4pm

BROXWOOD COURT near Pembridge, HR6 9JJ

Entry £6 per person

A Special day for gardeners!

Discover pollinating and unusual plants,

Meet producers of garden-related products

While exploring the rarely-opened, beautiful Broxwood court garden and arboretum

Lunch and refreshments on sale all day

All proceeds to The Cart Shed (Reg Charity no 1167802)

Tel. 01544 318231 www.thecartshed.co.uk

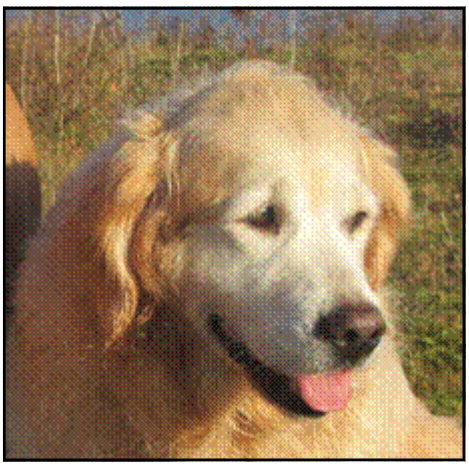
STRETTON SUGWAS VILLAGE HALL DIARY			
DATE	**TIME**	**EVENT**	**CONTACT**
Mon:	9.30 – 10.30am	**Gentle Exercise Class** £6 per session, payable monthly in advance	Zoe Hooper 07870 397352
	6 – 7pm	**Tai Chi** Beginners welcome £8 per session	Rob Sidwell - 07989 554419 rsidwell5@icloud.com
Tues:	9.45 – 10.45am 6 – 7pm	**Starting 1st March** **Hatha Yoga** £8 per session	www.jevonyoga.co.uk
	11am - 12.30pm **Alternate Tuesdays**	**Gentle Mediation** Usually £2 depending on numbers	ssvhinfo@gmail.com or Gail – 01432 340220
	2 – 4pm	**Table Tennis** Beginners £4 per session includes tea/coffee	See Gentle Meditation
	7.30 – 8.30pm	**Cool Moves Jive** Beginners/intermediates £6 per session	info@coolmovesdance.co.uk www.coolmovesdance.blogspot.com
Weds:	12 – 2pm **4th Weds**	**Lunch Club** £4 We have a waiting list	Joyce & Mike Potts 01432 356392 joycemike06@gmail.com
	2.30 – 4.30pm	**Table Tennis** Intermediates/Advanced £4 per session includes tea/coffee	See Gentle Meditation
	7 – 8pm **Fort-nightly**	**Gong Meditation** £12 per session	Liz Eggerton - 07870 345216 lizegg@live.co.uk www.lizzieyogahereford.com
Thurs:	10.30am – 12.30pm **2nd Thurs**	**Coffee Morning** £2 for tea/coffee/cake Just turn up	See Gentle Meditation
	6 – 7pm	**Tai Chi –** advanced £8 per session	See Monday
	7.30 – 10.30pm	**Hereford Table Tennis Club** - Advanced	hsjutle@gmail.com

STRETTON SUGWAS VILLAGE HALL DIARY continued			
Fri:	2 – 4pm **1st Fri**	Versus Arthritis £1 towards Refreshments **March** - Rheumatology pharmacist **April** - Healthwatch Herefordshire **May** - Specialist nurse - foot care **July** - TPG disabled aids	Elaine – 07456 516095 lainieathome636@hotmail.com
	6 – 8pm	**Hfds Fencing Club**	herefordshirefencingclub@gmail.com
	7.30 – 10pm **Last Fri**	**Whist Drive** £2.50 includes refresh-ments	Chris Jones – 01432
Sat:	10am – 4pm **3rd Sat**	**Spinners & Weavers** Visitors are welcome but please check first	Shirley Johnstone – 07927 703311 ianshirleyjohnstone@gmail.com
	7.30 – 10.30pm **1st Sat**	**Quiz Night** September to March £5 to include light re-freshments	See Lunch Club or Gentle Meditation
SSVH Calendar: www.strettonsugwasvillagehall.co.uk			

BREINTON VILLAGE HALL - HR4 7PJ

As you can see, our own hall is very busy, which is really good to see. If you are unable to get into Stretton Sugwas and looking for an alternative venue, why not try Breinton Village Hall? It's 1 mile off the main road. The hall comprises one big room which can be divided into two rooms, a fully fitted and equipped kitchen, main entrance through a glazed entrance porch. The hall has a natural wood floor and is fully insulated with an efficient heating system. There is ample car parking with full disabled accessibility and facilities. Max seating: 100 people

Contact: Anne & Phil Chapman - 01432 263769 or email: anne.c.chapman@gmail.com



SOPHIE'S D-LOG!

Hi Everyone

Remember me? Oh good. Glad somebody does. She Who Must Be Obeyed (practically never these days) has been dropping not-so-subtle hints that my memory is not as good as it was, but if that is the case neither is hers. What once used to be a daily walk seems to have changed to every other day, so what happened to the day in between I would like to know? (Her excuse is that I need time to recover from the last walk, given my advancing years, but I am not convinced and think she just conveniently "forgets"). My hearing and eyesight may not be up to much these days, but there is nothing wrong with my memory. I know when it is meal time (before 9 a.m. for the first one and no later than 5 p.m. for the second one). I know when I need to go out and come back in and I know when it is bedtime (when all the lights go out). And if you think about it, there is not a lot more that a dog needs to remember.

AND I remember the other Terrible Hungarian Hooligan who came to stay with us for an extended period of time while the rest of his family went off to enjoy themselves on a skiing holiday in Austria just after Christmas. Well, there really would have been no point in him going as, despite his many capabilities (don't worry, I will think of some eventually), skiing is definitely not one of them. I don't know what happened, but the language during his stay was extremely mild for a change. It may be that Viz is finally maturing with age (would be just as well, as he is now 10), or that SWMBO is getting more tolerant, but I don't think that is the case as the language was somewhat ripe the other day when Jambo misbehaved himself by stealing a whole chunk of butter off the kitchen work surface. Now some you may say that the only reason I didn't do it was that I couldn't reach, but that is not the case. Food left on the coffee table, a mere 18 inches above ground), stays where it is when I am around.

Must go. Now, is it dog-walking day today or not?

Sophie xx

****

POSTAGE STAMPS

Royal Mail has confirmed that from 31st January, 2023, any stamp that has the Queen's head on and says "1st" or "2nd" class, or any other price - or they're Christmas-themed - will not be accepted when posting mail, as the company intends to rollout new bar-coded replacements from March this year.

For all your roofing needs

BORDER ROOFING SERVICES LTD

- Flat Roofing Specialists
- Fascia's, Soffits and Guttering
- Pitched Roofing
- Roof Maintenance and Repairs

Contact **Mike Powell**
for a **FREE** quote
07824 154180

enquiries@borderroofingservices.co.uk

Freeview

TV PROBLEMS?
POOR PICTURE?
NEED AN ELECTRICIAN?

Call Aardvark Installations Ltd

TV aerials Freeview Freesat New TV Points
TV's wall mounted Picture breaking up or loss of channels sorted out
CCTV WiFi issues Qualified domestic electrician

Call - 01432 483 101
aardvark@alpens.co.uk
www.aardvarkinstallations.co.uk

Hereford based and
Fully insured

Muggle Foot Care
The Foot Care Wizard

ARE YOUR FEET HAPPY??

Offering a monthly clinic at Stretton Sugwas Village Hall.
Ring for an appointment

Nails Trimmed Corn Removal Callus Reduction
Fungal & Thick Nail Treatment Diabetic Foot Care
In-growing Nails Verrucas Cracked Heels Pedicure

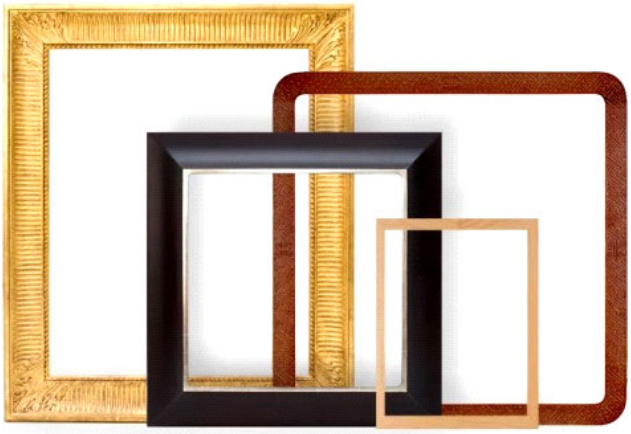
Fully qualified & insured foot health practitioner
Katie Burrows, S.A.C. Dip. FHPT/FHPP
01568 750672 / 07827 316629 / katiesmugglefootcare@gmail.com

Martin's Picture Framing
01432 761374

Designed in your home

Delivered to your door

Home Framing



SAMPAUL LANDSCAPES (est. 1990)

Patios – Paths - Ponds - Pavers - Pergolas
Tarmacing - Turf or Seeded lawns
Fencing:Featherboard / Panels / Picket

SAMPAUL MAINTENANCE

Pruning – Mowing – Hedge cutting – Fences treated
Patios repointed – Repointing of brickwork & stonework
Shed refelting – Power washing – Tree Surgery
Fully insured – Portfolios and references available

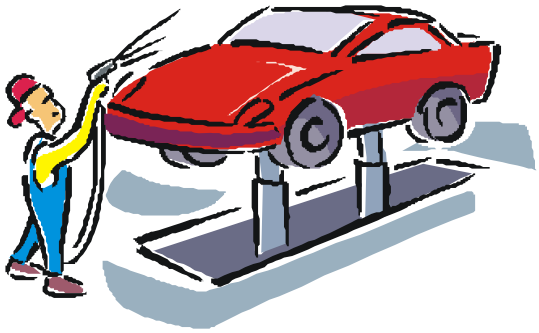
☎ 01432 649047 and ask for Paul

T G AUTOCARE

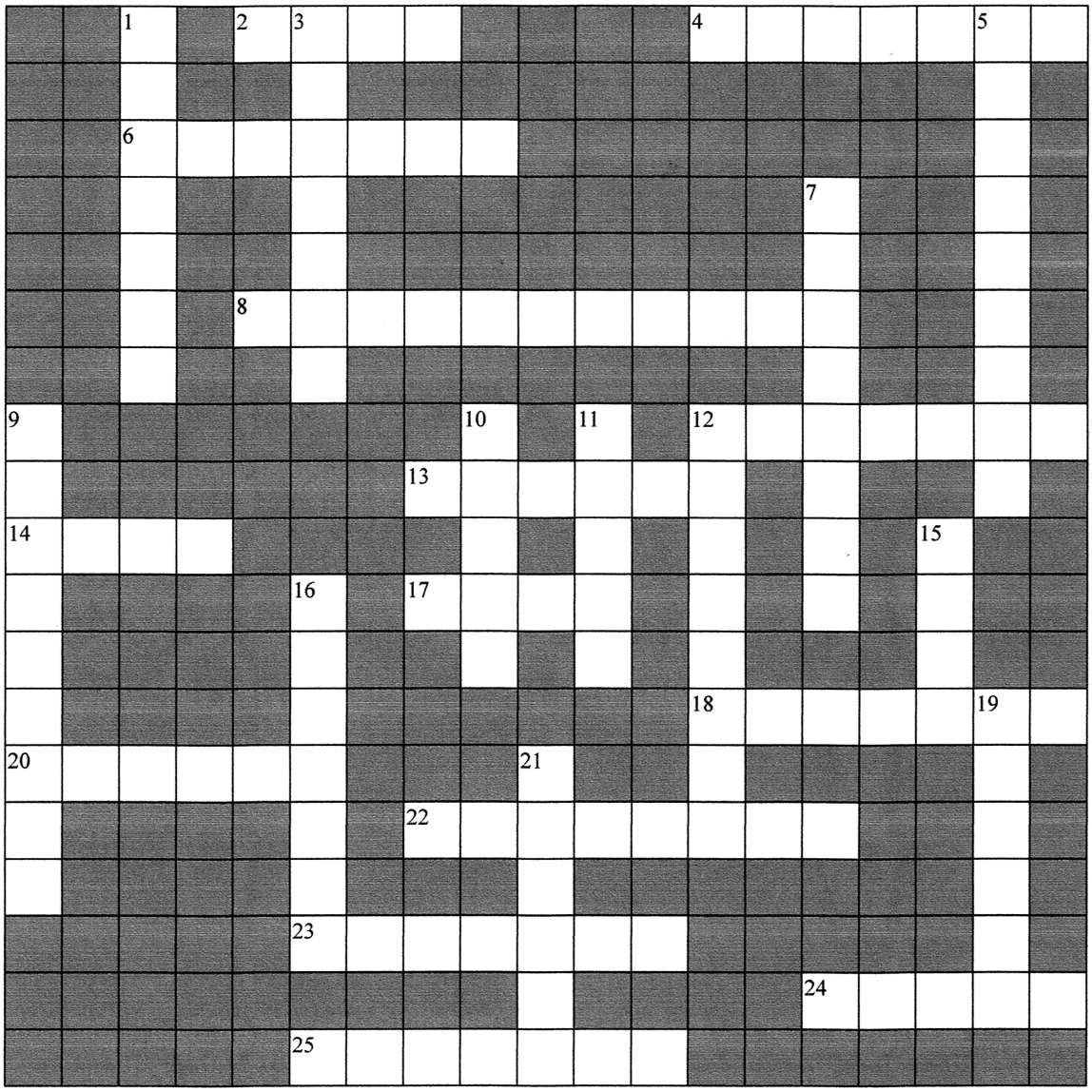
Vehicle Repairs
(01432 267677)

Excellent & reliable service
from a small local business
Now doing MOT's

Unit 1, The New Workshop,
Wyevale Way, Hereford, HR4 7AY
(Behind Wyevale Garden Centre)



CROSSWORD - No 44



EclipseCrossword.com

Across

2. Turns brown in the sun (4)
4. Jealous (7)
6. Painter's board (7)
8. Ill-fated (4, 7)
12. Removing hair with a razor (7)
13. Resembling an ape (6)
14. Semi-aquatic creature (4)
17. Release after a security is paid (4)
18. Female stage performer (7)
20. Redress (6)
22. Unique (8)
23. Deplete (7)
24. Cow's milk gland (5)
25. Mark to indicate a direction (7)

Down

1. Young tree (7)
3. Convenient facility (7)
5. Not intentional (9)
7. Remote place used by bandits (8)
9. Sailing boat with 2 parallel hulls (9)
10. Greek king with a golden touch (5)
11. Scripture (5)
12. Sphere of crushed ice flakes (8)
15. Dislike intensely (4)
16. Pedalled vehicle (7)
19. Meeting of spiritualists (6)
21. Vilification (6)

FROM THE RHS WEBSITE
GARDENING IN MARCH
Spring arrives

Spring usually arrives by mid-March and the frequent sunny days provide the opportunity for an increasing range of gardening tasks. It's time to get busy preparing seed beds, sowing seed, cutting back winter shrubs and generally tidying up around the garden.

TOP 10 JOBS THIS MONTH:

1. Prune bush and climbing roses
2. Plant shallots, onion sets and early potatoes
3. Plant summer-flowering bulbs
4. Lift and divide over-grown clumps of perennials
5. Top dress containers with fresh compost
6. Mow the lawn on dry days (if needed)
7. Cut back Cornus (dogwood) and Salix (willow) grown for colourful winter stems
8. Hoe and mulch weeds to keep them under control early
9. Start feeding fish and using the pond fountain; remove pond heaters
10. Protect new shoots from slugs

General Maintenance:

Trees & Shrubs: Check tree ties and stakes. Replace, tighten or slacken them where necessary.

Firm back newly planted trees and shrubs if they have been lifted by strong winds.

Check protective coverings on newly planted or borderline hardy trees, shrubs & climbers, to ensure they remain secure until the risk of frost has passed.

Remove weeds from around the bases of young trees.

Mulch and feeds, shrubs, trees, hedges and climbers after pruning, to give them extra energy for the extra growth they will put on after cutting back.

Flowers: Continue to deadhead winter-flowering bedding. Pansies will carry on into the spring and even to early summer, if attended to frequently.

Deadhead daffodils as they fade, but allow the foliage to die down naturally.

Herbaceous perennials infested with couch grass and other perennial weeds should be lifted so the roots of the weeds can be removed. Improve the soil by digging in organic matter before replanting.

Bulbs coming up in the rock garden or in containers may benefit from overhead protection from the rain/ A sheet of glass or Perspex placed on piles of bricks will do the job.

Other jobs to do: For more monthly advice on Flowers; Trees & Shrubs; Lawns; Ponds; Greenhouse, conservatory & houseplants; and Structures, go to the RHS website: www.rhs.org.uk/advice

Warren Postans House Clearances

Est 1990

Hello, my name is Warren!

WE BUY: Quality furniture Musical Instruments China
Glassware Gold Silver Vintage Toys
Victorian/Edwardian Items and much more!

"TURN YOUR UNWANTED ITEMS INTO CASH!"

Tel (+44) 07840 526699 Email: warrenpostans@rocketmail.com

waren_postans Warren Postans

Katherine harriet

BESPOKE HOME CARE

Trusted, Reliable, Caring

Recommended by community health professionals, as well as by clients and their families. We provide:

Day-time Support Night-time Support Carer Breaks/Respite
Activities/Outings 24 Hour support Meal preparation
Cleaning/Gardening/Hairdressing/Beauty

Contact: 01432 483083 info@katherineharriet.care

www.katherineharriet.care 9 Broad St, Hereford, HR4 9AP

CREDENHILL MOBILE POST OFFICE SERVICE

Roadside opposite:

10 Trenchard Avenue,
Credenhill, HR4 7DX

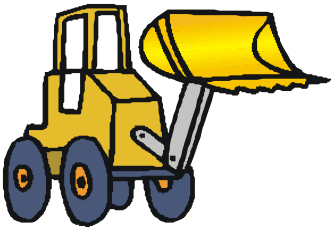
Opening hours:

Monday & Thursday:
10.30 - 11.45am
Tuesday: 10.30 - 11.15am

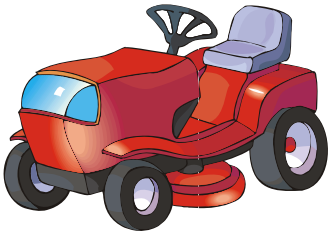
John Hill & Sons

Compact Tractors and Narrow Access Plant Hire

Mini Diggers; Skid Steer Loaders; Skip Loading Dumpers; Ride-on Mowers; Compact Tractors with Complete Range of Attachments



For further details, contact:
JAMES HILL
01981 590244 or 07890 802539
Email:
hill.hanwell@btinternet.com



Flowers by Dorothy

Flowers for all occasions
Individual Floral Design

Bridal and Reception Flowers
Funeral Flowers

Contact: Dorothy Hill,
Hanwell House, Swainshill, Hereford. HR4 7QB
Tel: 01981 590244, Mobile: 07887 514214

STRETTON SUGWAS NEWS - APPEAL

We hope you all enjoy reading the Stretton Sugwas news. At present it is facing a shortfall in funding and it is:

- partly funded by advertisements supporting local businesses and a grant from the Parish Council.
- printed at a very modest cost by unpaid volunteers at the CAP (Community Access Point) in Burghill.
- distributed by volunteers also at no cost.

Unfortunately due to rising costs, the income does not match the costs involved.

The magazine is usually between 24 and 28 pages, 8 of which contain advertising. We do not want to add any more advertising, even though we do have a short waiting list for advertisers, as we feel it would overbalance the rest of the magazine.

So we are asking our readers if they could kindly make a donation towards these costs. No matter how small we would be very grateful.

Donations can be sent to: Mrs C Allen, 10 Four Acres, Kings Acre Road, Hereford. HR4 0SH. Cheques should be made out to:

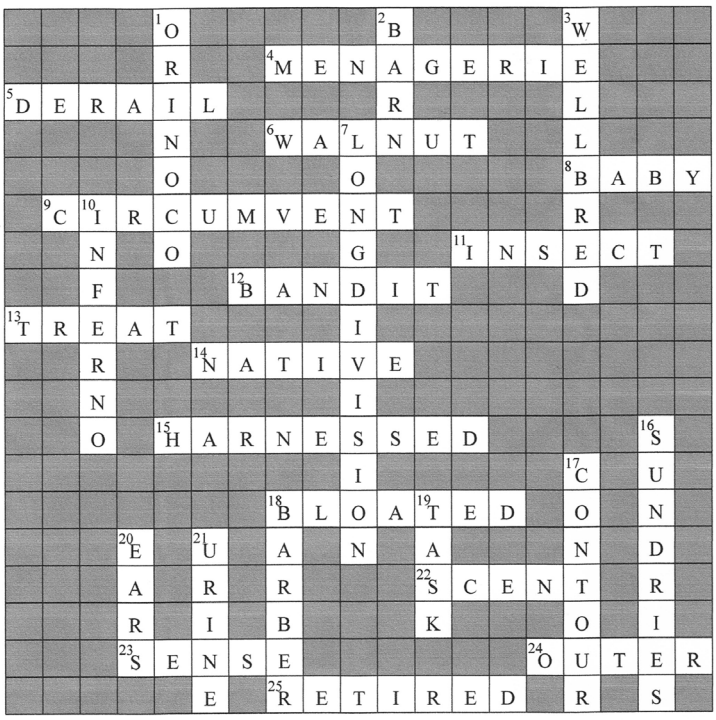
Stretton Sugwas Parochial Church Council please.

URGENTLY NEEDED: A Volunteer Distribution Organiser

After leaving Joyce's computer and the magazine being printed, it was delivered to our house, then we would take it to Trevor Bethell's house. He would then sort into batches for the various distributors to deliver around the area. Sadly, we lost Trevor some time ago and we are currently having some difficulty getting the magazine delivered to all the houses in the area without having to travel all around ourselves.

With all our other commitments we are finding this an arduous task and I am sorry to say but something will need to change. *Mike Potts*

CROSSWORD SOLUTION FROM LAST MONTH NO 43



****

STRETTON SUGWAS LUNCH CLUB - APPEAL

URGENTLY REQUIRED - HELPERS FOR KITCHEN DUTIES

Lunch Club restarted last September but we had to close for January due to lack of helpers.

We regularly cook in the region of 40 meals which includes our helpers and members, all of which must be done on site.

We have plenty of people who can set up/down, laying up tables etc but we really need people who are willing to cook/oversee the cooking, and serve etc.

They must have their own transport.

So, if you are interested and can spare 5 hours on the last Weds of each month, please let us know.

We can't pay you but we do have tea/coffee and cake!

Please contact Joyce & Mike Potts, 01432 356392 or

joycemike06@gmail.com

****

Important facts to remember as we grow older:

Death is the number 1 killer in the world Life is sexually transmitted

Good health is merely the slowest possible rate at which one can die.

DATES FOR YOUR DIARY

THE BURGHILL BENEFICE ONLINE WORSHIP & WEBINARS WILL CONTINUE TO BE BROADCAST AS USUAL

11am - Thursday Webinars & Sundays Worship

www.facebook.com/burghillchurch

YouTube: Burghill Benefice

You can access everything on the Burghill Website: www.burghillchurch.co.uk

Burghill Church open on Thursdays for private prayer, 10am - 4pm

SHOPMOBILITY

This is now run by Mills Mobility Aids from their showroom at 8A, Harrow Road, Hereford. They offer hire of wheelchairs and mobility scooters to access the shops plus boot scooters for those who do not wish to ride from Harrow Road to town. They also hire out equipment on a weekend or weekly period. Scooter rental from £3.90 for 4 hours, proof of ID required. Contact: 01432 277000 for details.

STRETTON SUGWAS PARISH COUNCIL

PARISH COUNCIL MEETING - PROPOSED DATES FOR 2021

All meetings start 6pm
in Stretton Sugwas Village Hall in the Main Hall

Next Meeting: 17th March

Items for inclusion and to advertise in the Stretton Sugwas News
Please contact: Mike & Joyce Potts
See "Who's Who for contact details

Please send items for the next Stretton Sugwas news to us by 9am on:

WEDNESDAY, 16th March

13th April *18th May* *Mon 13th June* *20th July* *17th August*
14th Sept *19th Oct* *16th Nov*

Printed by Mike & Joyce Potts & Burghill CAP

WHO'S WHO IN STRETTON SUGWAS.

St Mary Magdalene Church ☎

Rector:	Rev Dr Phillip Brown	01432 761821
	Email: revpjbrown.777@gmail.com	
Church Wardens:	Mrs B Andrews	01432 342085
	Mrs. Corrie Smissen	01432 761135
	Email: strettonbo@aol.com	
Electoral Roll Officer:	Mrs. Dorothy Hill	01981 590244
Group Musical Director:	Jason Walker Email: jason10walker@hotmail.com	
Parish Council:	strettonsugwasparishcouncil.gov.uk	
Chairman:	Mr. A. Fellowes	01981 590289
Vice Chairman:	Mr. J. Robinson	01432 265078
Clerk:	Emma Noble	07954 706182
	Email: strettonsugwaspc@gmail.com	
Herefordshire Councillor:	Mr R L Mathews	01432 760498
School: Head Teacher:	Mr. A. Davies	01432 760282
Village Hall Bookings:	Helen Beaven	07896 867146
	Email: helenssvh@gmail.com	
Neighbourhood Watch:	Mrs H Davies	01981 590259
Hereford Times Submissions:	Mrs G. Hume	01432 340220
1st Stretton Sugwas Brownies:		
Local Police Officers:	PS Mark Jones / PC Josh Kitchen /	101
	PCSO 's Adam Westlake / Christina Howard	101

/ @ HerefordCops or email herefordrn.snt@westmercia.pnn.police.uk

Police (non-emergency number):	101
Crime-stoppers:	0800 555 111
Action Fraud:	0300 123 2040
Handyperson Scheme (Herefordshire Council):	01432 260757
Fly tipping (Herefordshire Council)	01432 261761
Stretton Sugwas Website:	strettonsugwasparishcouncil.gov.uk

Magazine: Mike & Joyce Potts 01432 356392
3 Cranstone, Upper Breinton, Hereford HR4 7PL/Email: joycemike06@gmail.com

A WORD FROM THE EDITORS

This is **YOUR** magazine. This is your chance to have your say and your views represented. Please send in articles and snippets of interest.
Please use the services of our advertisers as they in return support our magazine.

ADVERTISING!

If you would like to advertise the cost is just £20 per year for a 1/3 of a page advert: contact Mike and Joyce Potts.

We accept no liability for any matter, or advertising contained in this magazine.